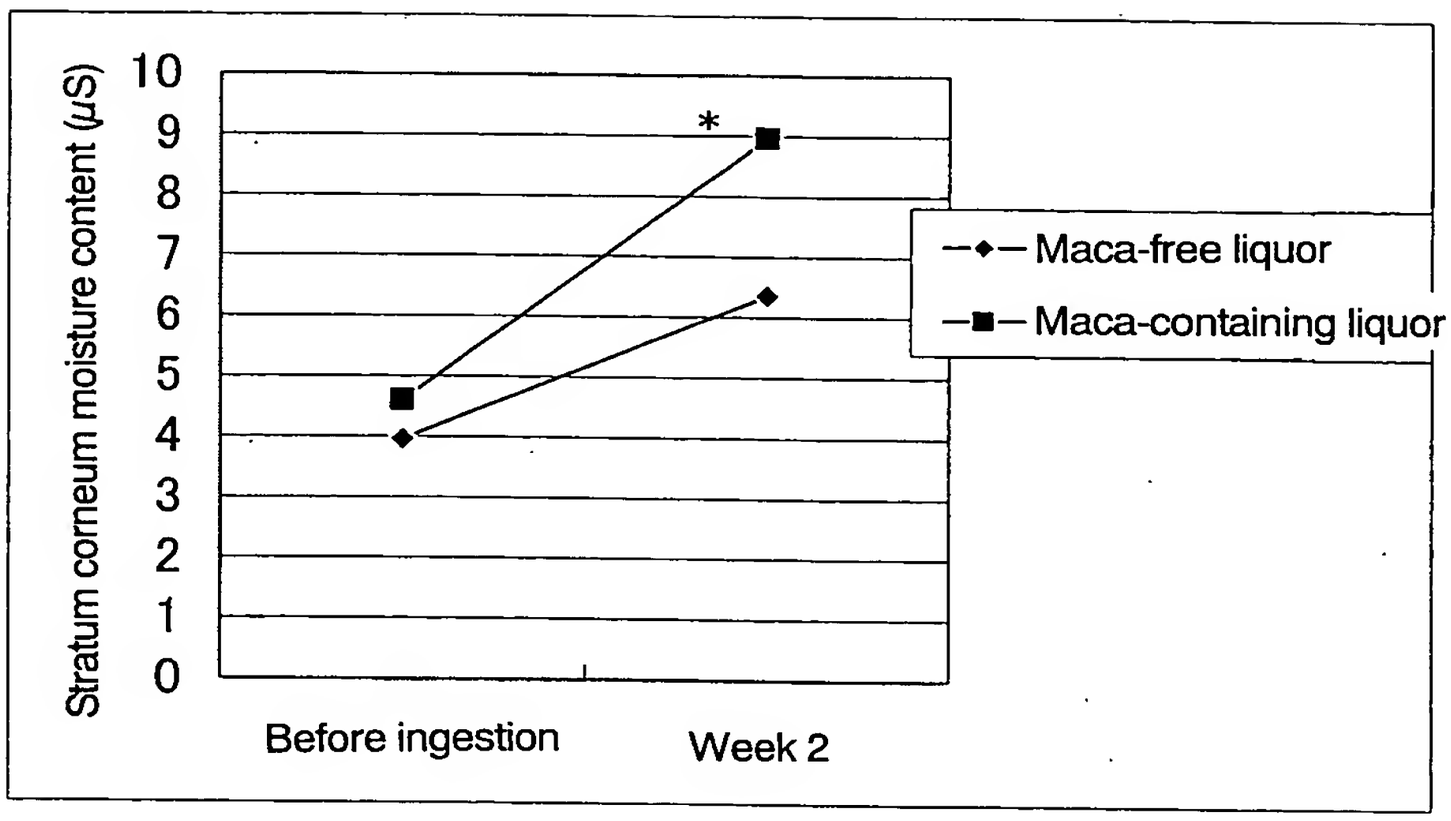
Fig. 1


Stratum corneum moisture content (μS)
10
9
8
7
6
5
4
3
2
1
0
*
Maca-free liquor
Maca-containing liquor
Before ingestion
Week 2